

Before Your Treatment

Arrive 15 minutes early to check in, fill out a health form and get acquainted. Arriving on time is important to ensure we are able to provide a complete spa experience.

Reservations and Cancellations

Please book your spa appointments in advance. Walk-ins are welcome upon availability. If for any reason you need to cancel or reschedule your appointment, please let us know a minimum of 24 hours in advance.

Spa Attire

Robes and slippers are provided for your comfort during your visit to the Spa Room.

Gift Cards

Gift Cards are available for all Spa Room services. Create your own package. Receive a 20% discount on 3 or more services.

SPA HOURS

Monday-Friday 9:00 AM to 5:00 PM.
Saturdays By Appointment Only.

Love Yourself

Facial Treatments			
Signature Facial \$175	Deep Pore Cleansing Facial \$100	Refining Treatment for Men \$75	
Conditioning Facial \$110	Firming Facial \$95	Extraction Facial \$50	
Exfoliation Treatments			
Exfoliation \$110	Glycolic/Lactic Peel \$400/4 tx	Salicylic/Mandelic Peel \$540/6 tx	
Obagi Blue Peel 15% Strength			
1 coat \$350	2 coats \$700	3 coats \$1050	
Obagi Blue Peel 20% Strength			
1 coat \$400	2 coats \$800	3 coats \$1200	
Obagi Nu-Derm System (Pre-procedure 4-6 weeks)			
6-week travel kit \$199	Tretinoin .05% \$69	Obagi Blue Peel post-op products are also available for purchase.	
18-week kit \$408	Tretinoin .1% \$79		
PCA Pre/Post Treatment Kit			
\$79			
PCA Professional Exfoliating Treatments			
\$145	PCA Peel with Hydroquinone	\$720/6 tx	
PCA Peel hydroquinone Free \$520/4 tx	PCA Peel with Hydroquinone & Resorcinol		
PCA Ultra Peel® I Exfoliating Treatments			
\$130	\$390 / 4 tx	\$650 / 6 tx	
PCA Ultra Peel Forte Exfoliating Treatment			
\$200	\$600 / 4 tx	\$1,000 / 6 tx	
PCA Sensi Peel® Exfoliating Treatments			
\$125	\$375 / 4 tx	\$625 / 6 tx	
PCA Clarifying Salicylic Mask Treatment			
\$75	\$225 / 4 tx	\$375 / 6 tx	
PCA Pumpkin Peel Treatment			
\$85	\$255/ 4 tx	\$425/ 6 tx	
Professional Skin Treatments			
Fraxel			
Face \$4000 / 5 tx	Neck \$2000 / 5 tx	Hands \$2000 / 5 tx	
Face & Neck \$5000 / 5 tx	Décolleté \$4000 / 5 tx	Area Spot Varies / 5 tx	
Microdermabrasion			
Face \$110	\$400 / 4 tx	\$550 / 6 tx	
Neck \$100	\$360 / 4 tx	\$500 / 6 tx	
Face & Neck \$150	\$560 / 4 tx	\$720 / 6 tx	
Face,Neck,Decollete \$200	\$720 / 4 tx	\$960 / 6 tx	
Micropeel			
Face \$140	\$520 / 4 tx	\$720 / 6 tx	
Neck \$120	\$440 / 4 tx	\$600 / 6 tx	
Face & Neck \$200	\$720 / 4 tx	\$960 / 6 tx	
Face,Neck,Decollete \$250	\$920 / 4 tx	\$1200 / 6 tx	
Wax Treatments			
Brow or Lip \$15	Full Face \$50	Bikini Line \$45	
Chin \$15	Under Arm \$30		

Love Your Skin

professional skin care

Our skin influences the way we view ourselves and is one of the most immediate ways in which other people judge our age, health and attractiveness. Unfortunately, we cannot replace our skin and must wear it for the rest of our lives. It just makes good sense to keep our most "visible asset" in the very best condition. Men and women around the world are becoming more aware of the factors that can influence the appearance of their skin – aging, change of seasons, stress, medications, environment, sun, wind, pollution, hormones, life-style – and the importance of periodic professional attention to help them protect, correct and preserve their skin through specialized and intensively concentrated treatments. Aside from all the known benefits of professional care, it's a wonderful way to relieve the stress of your busy schedule. It's incredibly relaxing, revitalizing and totally luxuriating...the perfect gift to yourself!



REGIONAL PLASTIC SURGERY CENTER & Spa

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www.create-beauty.com

CLIENT: RPSC	JOB#: 039_0027	TRIM: 15.5" x 9"	DATE: 05.28.08
JOB NAME: SPA Brochure Updates	BUILT SCALE: 100%	FOLDS: 3.875" X 9"	ROUND: 1M
ELEMENT: Brochure	PRINT SCALE: 90%	BLEED: .125"	ARTIST: angie

Professional Exfoliation Treatments

Deep exfoliation treatments promote a healthy, youthful glow and are especially recommended for deep wrinkles, fine lines, blemishes, uneven pigmentation, roughness, large pores, sun damage, rosacea, and overall skin maintenance. A series of 4-6 treatments is recommended for dramatic results. Down time associated with the exfoliation treatments varies, but ranges from 4 to 7 days with some level of sloughing and peeling.

Glycolic/Lactic Peel Salicylic/Mandelic Peel (Light grade peel)

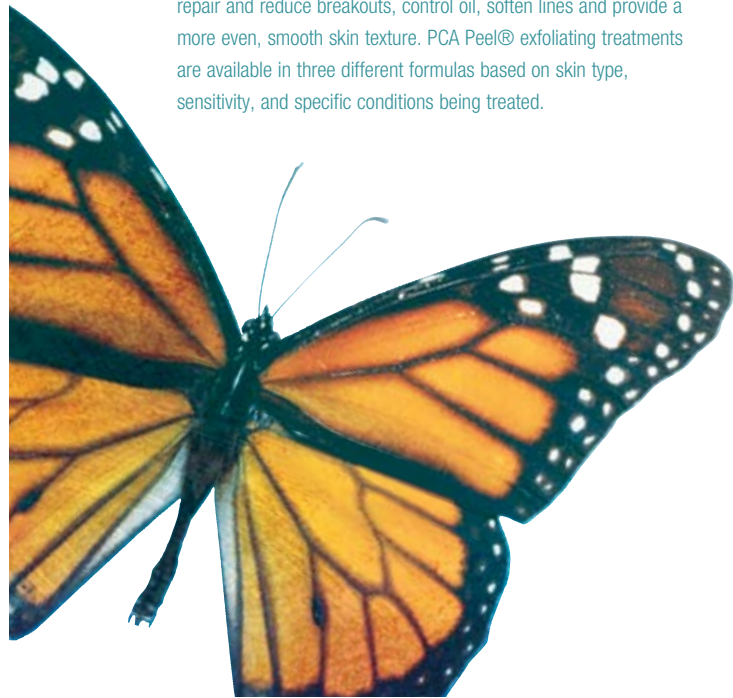
These treatments minimize the appearance of surface lines, smooth out rough skin and texture, aid in clearing acne, and help fade hyperpigmentation. Dead cells are removed from the surface without irritating the skin. A minimum of 6 sessions is recommended for optimal results. Peels can be done 1-2 weeks apart.

Obagi Blue Peel (medium grade)

If you have blemish prone skin, acne, wrinkles, unwanted pigmentation, scars, large pores, sun damage or fine skin, you can gain more from an Obagi Blue Peel than from more routine treatments. For best results, patients should use the Obagi Nu-Derm System 6 to 12 weeks before the procedure and then resume the system once skin is healed after each procedure. Obagi blue peels can be performed every 2-6 weeks, depending on the results you want to achieve.

PCA Professional Exfoliating Treatments (light to medium grade)

These patented and proven light-to-medium peel formulas effectively exfoliate, bleach and inhibit pigment production. These peels help to repair and reduce breakouts, control oil, soften lines and provide a more even, smooth skin texture. PCA Peel® exfoliating treatments are available in three different formulas based on skin type, sensitivity, and specific conditions being treated.



Professional Exfoliation Treatments

PCA Ultra Peel® I Exfoliating Treatments (light to medium grade)

Ultra Peel® exfoliating treatments are appropriate for all skin types, conditions, and are ideal for sensitive skin. Ultra Peel® treatments will help treat acne, pigment disorders, aging skin, menopausal skin, smoker's skin and sun damaged skin.

PCA Ultra Peel Forte Exfoliating Treatment (medium grade)

Those with resilient skin who have more dramatic wrinkling, sun damage and acne scarring are the most suitable candidates for this deeper and more active treatment. Ultra Peel Forte will effectively treat aging skin, acne, pigment disorders, smoker's skin and photo damaged skin.

PCA Sensi Peel® Exfoliating Treatment (light to medium grade)

This gentle solution is formulated primarily for ethnic skin, and other extremely sensitive skin types. Sensi Peel® will strengthen and brighten the skin while helping to treat sun damage and other forms of hyperpigmentation (skin discoloration). This multi-faceted treatment also provides anti-inflammatory, anti-acne and antibacterial action, making it an excellent choice to help calm rosacea.

PCA Professional Salicylic Acid Treatments

Clarifying Mask's blend of 20% salicylic acid with natural antibacterial and anti-inflammatory agents makes this an ideal choice for helping to improve acne, breakout prone skin and even sluggish and dull complexions. It brings new clarity and freshness to the skin. Appropriate for all skin types, except for hypersensitive types.

PCA Professional Pumpkin Peel Treatment

This is a powerful antioxidant treatment that brightens and rejuvenates the skin. Pumpkin contains the highest concentration of salicylic acid of any plant, which gives the pumpkin peel treatment potent skin smoothing and pore clearing action. The treatment exfoliates and draws impurities out of the skin and helps stimulate circulation.

**For optimum results, pre and post treatment kits are highly recommended to complement PCA peels. There are a variety of systems to choose from, depending on your skin type and condition. Trial size products last approximately 2-3 weeks.

The Oxygen Facial delivers oxygen below the surface through a unique L.E.D. Light Source designed specifically for couperose, rosacea, and troubled circulatory skin. Leaving the skin's cellular production revitalized, with enhanced collagen stimulation and bright glowing skin.

Customized Facials

Signature Facial

Experience it all! This treatment includes a deep cleanse with steam, an exfoliation, extractions to rid your skin of impurities, and a masque customized to your skin type to add hydration to skin for an absolute radiant glow. Relax during a neck and shoulder massage with this rejuvenating treatment. Also includes a paraffin hand treatment to moisturize for healthier looking, softer hands.

Conditioning Facial

The Conditioning facial gives all skin types that special, pampered treatment they deserve. A combination of SkinCeuticals products helps to leave the skin hydrated, refreshed, and ready to face the environmental ravages of the day. It includes a thorough cleansing and exfoliation followed by a mask and moisturizers to bring the instant comfort, hydration and protection that your skin needs most.

Deep Pore Cleansing Facial

For clients challenged with acne and overactive oil glands, the Deep Pore Cleansing Facial is ideal. It draws out impurities, reduces oil without drying, and provides balanced hydration. Gentle cleansing, toning and massage are followed with steam, exfoliation, extractions, and a clarifying clay mask to decongest pores and cellular debris.

Firming Facial

This facial is ideal for the client who desires to have luminous, hydrated, firmer skin. It leaves the skin feeling and looking healthier with a radiant, firmer complexion. This facial is ideal for all occasions when clients desire a more glowing, visibly youthful appearance.

Extraction Facial

This facial involves removing accumulated sebum from pores in the face. Sebum is what clogs the pores and causes blackheads, whiteheads, and pimples. Extractions are done after the pores are first opened with steam. Also includes a thorough cleansing, toning, and clay mask to decongest pores and cellular debris.

Refining Treatment for Men

This treatment is designed specifically for men who suffer from ingrown hairs brought about by shaving. Includes a thorough cleansing, toning, and clay mask to decongest pores and cellular debris. It is ideal for all skin types.

Professional Skin Treatments

Fraxel

Fraxel is a unique laser therapy that dramatically repairs fine lines, wrinkles and acne scars while improving skin texture and pigmentation, even on delicate skin. Fraxel is a proven, safe approach to repairing aging and sun damaged skin, with many of the benefits of ablative laser skin resurfacing, but without the downtime, side effects and lengthy recovery period.

Microdermabrasion

This specialized exfoliating treatment polishes and smooths the skin without chemicals or lasers. It sloughs away dead skin cells, softening fine lines and minimizing scars, pigmentation and smoothing out texture. A minimum of 6 sessions is recommended for optimal results.

Micropeel

Micropeel is an innovative option that involves both microdermabrasion and a light chemical peel. Microdermabrasion polishes the dead layer of skin off the face allowing the chemical peel to penetrate the skin to stimulate and nourish or control oil, depending on the chemical peel used. The result is a reduction of fine lines, acne scarring, and the overall removal of superficial blemishes on the skin. A minimum of 4-6 sessions is recommended for optimal results.

Waxing

Waxing provides a longer lasting and more effective method of hair removal than shaving, bleaching, or depilatory creams. It helps promote smooth skin, creating a polished look. We use the finest and most gentle waxes available.

Professional Products

Our spa provides a variety of professional skincare products and home regimens from Obagi, SkinCeuticals, Physicians Choice (PCA), GlyDerm, and SkinWithin. These treatments are of the highest quality and are used in all spa procedures. They are also available for purchase at our spa counter.



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